



FAMILY FUN EVENTS

AFIUK

ESCAPE THE LAB

The first activity of the year and there was so much to choose from. There were card games to identify the different parts of the brain, mind-bending goggles to show you just how adaptable your brain is (though it did make me doubt my hand-eye coordination) though the highlight had to be the brain-themed escape room.

The winning team
completed escape room
in 17 minutes!



The amount of things to do and learn and see was fantastic. One of the activities was a throwing game but you had to put goggles that shift everything to the left, completely throwing of your senses. It made you have to adapt and not throw based on what you can see but on where you think the target actually is. There was also a card game where we had to try and memorise which activities activate which parts of the brain, then we played a game of snap with the brain cards. Needless to say it got pretty competitive. As well as games, there were also many opportunities when we could just learn about how the brain works and one of the children said "It was good that although we were just listening, they were still engaging us by asking us questions and helping us to understand everything".

The main feature of this event was the escape room where we could put the information we learnt from earlier activities to the test.

We were given a scenario where an evil AI had taken over a brain and was controlling the laboratory from the inside. We were tasked to find a series of clues to how we could stop the brain all whilst we could hear the voice of the brain in the background. The clock reminding us the time we had left didn't help matters either. The activity was very successful with one group finishing in 17 minutes.

One of the parents said, "I liked the fact that the children were being allowed to move around and use the part of your brain where you have to solve puzzles. I also like that they were given the chance to work as a team and solve the escape room in record time, together".

As well as developing our understanding of how the brain works, the escape room also made us use our problem-solving and teamwork skills, which were key parts of completing the challenge.

